



YOUR FAMILY DEFENSE SYSTEMS

www.yourfamilydefense.com

MISSING OR LOST CHILDREN IN STORE – YOUR FAMILY DEFENSE PROGRAM

A person once said being lost is a state of mind! Well if you're a single adult, alone and not afraid of anything this may only be slightly true. However, when it involves one of your own children or a loved one it is a big deal. Seconds seems like hours, minutes appear to be days and time is crucial. How you react can either help you or greatly hinder the success in finding your child. I will share with you field proven strategies on what your action should be following the immediate acknowledgment that one of your children or loved ones is missing.

Each block is fifty (50) minutes in length consisting of lecture, demonstrations, real life stories, drills and exercises for everyone. These methods are field tested and proven to work. We will address how to use your environment, hands, feet and other weapons that are readily available to you and how to best work within their own physical limitations and so much more!

Topics covered in this program are:

- Personal Safety issues
- Communications Strategies
- Understanding your limitations
- Understanding your surroundings
- Mental preparation and mind set
- Protecting your circle
- Establishing your personal short/long goals
- Understanding Prevention
- Sounding Alert – Creating Alarm
- Importance of Family Support

Certified Instructor Support

Break downs for:

- 3 week Basic Program
- 6 week Summer Camp
- Quarterly Community Reviews
- On-line Instructor Support
- Message boards and more

Duration: **1 Hours Basic Class**
 4 Hours Basic Class
 8 Hours Level 1 Basic Instructor

Tuition: **\$TBA**

Equipment Required: Clothing and footwear for suitable for sitting, lecture, dynamic activities and self-defense instruction, notebook and pen, 25 3x5 index cards with whistle and lanyard. No recording or taping devices allowed. We will offer you additional access upon completion of the seminar.

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